VocabNote

Thực phẩm & Nấu ăn: 70 tủ vựng tiếng Anh

Trình độ A1 · 70 từ

Thành phần, món ăn, hương vị và động từ nấu ăn cho bữa ăn hàng ngày.

Nguyên liệu và rau củ quả

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
oil noun · /ɔɪl/	dầu ăn	A thick liquid from plants or animals, used for cooking food.	Please add some olive oil to the fresh salad now.
flour noun · /ˈflaʊər/	bột mì	A fine white or brown powder made by crushing cereal grains.	She used the flour to bake a fresh bread loaf.
garlic noun · /ˈgɑːrlɪk/	tỏi	A strong-smelling bulb used as a seasoning in many different dishes.	Crush two cloves of fresh garlic into the hot pan.
carrot noun · /ˈkærət/	cà rốt	A long, orange root vegetable often eaten raw or cooked.	She chopped the fresh carrot into very small round pieces.
beef noun · /ˈbif/	thịt bò	The red meat that comes from a cow, used as food.	We had roast beef and vegetables for dinner last night.
pork noun · /ˈpɔɹk/	thịt lợn	The meat from a pig, prepared and eaten as food.	She decided to cook some delicious roasted pork for dinner.
noodles noun · /ˈnudəlz/	mì	Long, thin strips of pasta, often eaten in Asian dishes.	She prepared a delicious bowl of hot chicken noodle soup.
pasta noun · /ˈpɑːstə/	mì ống	A food made from flour and water, often shaped into noodles.	We enjoyed eating fresh pasta with a rich tomato sauce.
beans noun · /biːnz/	đậu	Edible seeds of various plants, often used as a food source.	She likes to add kidney beans to her chili.
corn noun · /ˈkɔɹn/	ngô	A tall cereal plant that produces edible kernels on large cobs.	We harvested fresh corn from the field this morning.
lemon noun · /ˈlɛmən/	quả chanh	A yellow, oval citrus fruit with sour juice, often used in drinks.	She added a slice of fresh lemon to her tea.
grapes noun · /ˈgɹeɪps/	quả nho	Small, round fruits that grow in bunches, often used for wine.	She picked a large bunch of grapes from the vine.
strawberry noun · /ˈstrɔːbəri/	dâu tây	A sweet, red, heart-shaped fruit with tiny seeds on its skin.	She picked a fresh red strawberry from the green garden.
honey noun · /ˈhʌni/	mật ong	A sweet sticky yellow substance made by bees from flower nectar.	She drizzled some fresh honey over her morning oatmeal bowl.
yogurt noun · /ˈjoʊgəɾt/	sữa chua	A creamy, fermented milk product, often eaten for breakfast or dessert.	I like to eat plain yogurt with fresh berries daily.
cream noun · /kriːm/	kem	The thick fatty part of milk that rises to the top.	She added a little cream to her morning coffee cup.
lettuce noun · /ˈletɪs/	xà lách	A green leafy plant commonly eaten raw in salads and sandwiches.	I need to buy some fresh lettuce for the salad.
cucumber noun · /ˈkjuːkʌmbər/	dưa chuột	A long green vegetable with watery flesh used in salads.	I sliced a fresh green cucumber for the garden salad.

Nguyên liệu và rau củ quả

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
mushroom noun · /ˈmʌʃ.ruːm/	nấm	A fleshy fungus that typically has a stalk and cap.	The small mushroom grew quickly after the rain.

Món ăn và bữa ăn

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
sandwich noun · /ˈsændwɪtʃ/	bánh mì kẹp	Two slices of bread with a filling between them, like meat or cheese.	I ate a tasty cheese sandwich for my quick lunch.
salad noun · /ˈsæləd/	salad	A mixture of raw vegetables, often with dressing, fruit, or meat.	She prepared a fresh garden salad for the lunch guests.
pizza noun · /ˈpiːtsə/	bánh pizza	A baked dish with dough, tomato sauce, cheese, and various toppings.	We ordered a large pepperoni pizza for our dinner tonight.
hamburger noun · /ˈhæmbɜːrgər/	bánh hăm-bơ-gơ	A sandwich consisting of a cooked beef patty inside a bun.	I'd like a hamburger with cheese and fries.
french fries noun · /frɛntʃ fraɪz/	khoai tây chiên	Strips of potato that have been deep-fried until they are golden.	I ordered a large serving of hot crispy french fries.
ice cream noun · /ˈaɪs ˌkriːm/	kem	A cold, sweet dessert made from frozen milk or cream.	We bought some chocolate ice cream at the local shop.
cookie noun · /ˈkʊki/	bánh quy	A small, flat, sweet baked good, often with chocolate chips.	She baked a batch of chocolate chip cookies last night.
toast noun · /toʊst/	bánh mì nướng	Sliced bread browned by exposure to radiant heat in a toaster.	I enjoy having toast with my morning coffee.
pancake noun · /ˈpænkeɪk/	bánh kếp	A flat round cake cooked in a pan from thin batter.	I enjoyed eating a warm pancake with sweet maple syrup.
cereal noun · /ˈsɪəriəl/	ngũ cốc	A breakfast food made from roasted grain, often eaten with milk.	I like to eat cold cereal with fresh milk daily.
steak noun · /steɪk/	bít tết	A slice of high-quality meat or fish, usually cooked by grilling.	I ordered a medium rare steak at the fancy restaurant.
sauce noun · /sɔːs/	nước sốt	A liquid served with food to add moisture or flavor.	She poured the creamy mushroom sauce over the grilled steak.

Hương vị và kết cấu

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
delicious adjective · /dɪˈlɪʃəs/	ngon, thơm ngon	Having a very pleasant taste or smell; enjoyable to eat.	The cake was absolutely delicious.
tasty adjective · /ˈteɪsti/	ngon, ngon miệng	Having a pleasant, distinct flavor that is very enjoyable to eat.	She prepared a very tasty dinner for all her guests.
sweet adjective · /ˈswit/	ngọt	Having a pleasant taste characteristic of sugar or honey.	This ripe strawberry tastes very sweet and delicious to eat.
salty adjective · /ˈsɔːlti/	mặn	Tasting of salt or containing a lot of salt.	This soup is too salty, so please add some water.
sour adjective · /ˈsaʊə˞/	chua	Having a sharp, acidic taste, like lemons or vinegar.	The fresh lemon juice tastes very sour to my tongue.

Hương vị và kết cấu

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
bitter adjective · /ˈbɪtə˞/	đắng	Having a sharp, unpleasant taste, like coffee without sugar or dark chocolate.	The medicine left a very bitter taste in my mouth.
spicy adjective · /ˈspaɪsi/	cay	Having a strong, hot flavor from spices, often causing a burning sensation.	I really love eating very spicy food with my lunch.
fresh adjective · /frɛʃ/	tươi	Newly made, produced, or harvested; not preserved or old.	We need to buy some fresh vegetables for dinner tonight.
juicy adjective · /ˈdʒusi/	mọng nước	Full of natural liquid; having a lot of juice.	The peach was very ripe and tasted incredibly juicy today.
crunchy adjective · /ˈkɹʌntʃi/	giòn	Making a loud, crisp sound when bitten or crushed.	The fresh apple was very crunchy and tasted quite sweet.

Trên bàn ăn

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
hungry adjective · /ˈhʌŋgri/	đói	Feeling a strong desire or need for food to eat.	I am so hungry, I could eat a horse!
thirsty adjective · /ˈθɜ˞sti/	khát	Feeling a need or desire to drink water or other liquid.	I am very thirsty after running in the hot sun.
napkin noun · /ˈnæpkɪn/	khăn ăn	A piece of cloth or paper used to wipe the mouth.	Please place your paper napkin on the dinner table now.
chopsticks noun · /ˈtʃɑpstɪks/	đũa	A pair of small, thin sticks used as eating utensils in East Asia.	I ate my delicious noodle soup using wooden chopsticks today.
bite verb · /baɪt/	cắn	To use teeth to cut into or through something solid.	He bit into the crunchy apple and smiled.
chew verb · /ˈtʃu/	nhai	To break food into smaller pieces with your teeth before swallowing.	You should always chew your food well before swallowing.
swallow verb · /ˈswɑloʊ/	nuốt	To make food or drink go down your throat from your mouth.	You should chew your food well before you swallow it.

Động từ nấu nướng

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
boil verb · /ˈbɔɪl/	đun sôi	To heat a liquid until it reaches a temperature where bubbles form.	Please boil some water for a cup of green tea.
fry verb · /ˈfɹaɪ/	chiên, rán	To cook food in hot oil or fat, usually in a pan.	I will fry some eggs for our breakfast this morning.
bake verb · /ˈbeɪk/	nướng	To cook food, such as bread or cake, in an oven.	I like to bake fresh bread for my family daily.
cut up phrasal verb · /ˈkʌt ʌp/	cắt nhỏ	To divide something into smaller pieces using a knife or scissors.	Please cut up the carrots for the vegetable soup today.
chop verb · /tʃɒp/	chặt, thái, băm	To cut something into small pieces using a sharp tool.	Please chop the onions into small pieces for the soup.

Động từ nấu nướng

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
mix verb · /mɪks/	trộn	To combine different things together to form one substance or group.	Please mix the flour and sugar in a bowl.
stir verb · /stɜː/	khuấy	To move a spoon around in food or a drink to mix it.	Stir the soup slowly so it does not stick to the pan.
slice verb · /slaɪs/	thái lát	To cut something into thin, flat pieces.	Please slice the bread thinly for the sandwiches.
peel verb · /pil/	gọt vỏ	To remove the outer skin or covering of fruit or vegetables.	You should peel the apple before eating it right now.
pour verb · /pɔːr/	rót, đổ	To cause a liquid to flow steadily from one container.	Please pour some coffee into my clean white mug now.
grill verb · /ɡɹɪl/	nướng vỉ	To cook food on metal bars over or under strong heat.	We grill fish and vegetables in the garden every summer.
roast verb · /ɹoʊst/	quay, nướng	To cook meat or vegetables in a hot oven or over a fire.	We roast a whole chicken for dinner every Sunday.
melt verb · /mɛlt/	tan chảy	To change from a solid to a liquid state, or make something do so.	The ice will melt quickly in the hot summer sun.
heat up phrasal verb · /hiːt ʌp/	hâm nóng, làm nóng	To make cold or already cooked food hot again.	Can you heat up the soup in the microwave for me?
taste verb · /teɪst/	nếm	To try a little food or drink to see what it is like.	Taste the sauce and add more salt if it needs it.

Lượng và đồ đựng

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
piece noun · /piːs/	mảnh, miếng	A single, separate part or amount of something larger.	She cut a small piece of cake for her son.
loaf noun · /loʊf/	ổ bánh mì	Bread that is shaped and baked in one large piece.	I bought a loaf of fresh bread at the bakery today.
teaspoon noun · /ˈtiːspuːn/	thìa cà phê	A small spoon used for stirring tea or measuring small amounts.	Add one teaspoon of sugar to your cup of tea.
tablespoon noun · /ˈteɪbəlˌspuːn/	thìa canh	A large spoon used for serving food or measuring ingredients precisely.	Add one tablespoon of olive oil to the hot pan.

Dụng cụ bếp và công thức

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
recipe noun · /ˈresɪpi/	công thức nấu ăn	A set of instructions for preparing a particular dish or meal.	She followed the secret recipe to bake the delicious cake.
cutting board noun · /ˈkʌtɪŋ bɔːrd/	thớt	A durable board used for placing food while it is chopped.	She placed the fresh vegetables on a wooden cutting board.
frying pan noun · /ˈfraɪ.ɪŋ ˌpæn/	chảo rán	A flat metal container used for cooking food in hot fat.	Place the butter into the hot frying pan carefully now.