VocabNote

Cảm xúc: 100 tủ vựng tiếng Anh

Trình độ A2 · 100 từ

Các từ để đặt tên và mô tả cảm giác của bạn và những người khác mỗi ngày.

Cảm xúc tích cực

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
happy adjective · /ˈhæpi/	hạnh phúc	Feeling or showing pleasure, contentment, or joy.	She felt happy when she received the good news.
glad adjective · /ˈglæd/	vui mừng	Feeling happy or pleased about something good that has occurred.	I am glad that you could come to the party tonight.
excited adjective · /ɪkˈsaɪtɪd/	hào hứng	Feeling very happy and enthusiastic about something that is happening.	The children were very excited about their school field trip.
pleased adjective · /pliːzd/	hài lòng	Feeling happy or satisfied with a particular situation or event.	She was very pleased with her new job this year.
proud adjective · /ˈpɹaʊd/	tự hào	Feeling deep pleasure or satisfaction as a result of one's own achievements.	She felt very proud of her son's great academic success.
grateful adjective · /ˈgɹeɪtfəl/	biết ơn	Feeling or showing thanks to someone for something they have done.	I am very grateful for your help with my homework.
thankful adjective · /ˈθæŋkfəl/	biết ơn	Feeling or expressing gratitude for something that has happened or exists.	I am thankful for the help you gave me today.
relieved adjective · /ɹɪˈlivd/	nhẹ nhõm	Feeling less worried or upset because a difficult situation has ended.	She felt relieved when the difficult exam was finally over.
relaxed adjective · /ɹɪˈlækst/	thư giãn	Feeling calm and comfortable, free from tension or worry.	She felt very relaxed after her long weekend at home.
calm adjective · /ˈkɑm/	bình tĩnh	Feeling peaceful and not worried, angry, or excited.	She stayed calm during the difficult job interview.
satisfied adjective · /ˈsætɪsfaɪd/	hài lòng	Feeling pleased because you have what you wanted or needed.	The customer felt satisfied with the excellent service provided today.
hopeful adjective · /ˈhoʊpfəl/	đầy hy vọng	Feeling or showing optimism about future events or outcomes.	She is hopeful that the project will succeed very soon.
confident adjective · /ˈkɑnfədənt/	tự tin	Feeling sure of yourself and your abilities, not shy or nervous.	She felt confident before her important presentation.
surprised adjective · /səˈpraɪzd/	ngạc nhiên	Feeling or showing shock because something unexpected has just happened.	She was very surprised by the unexpected birthday party gift.
amazed adjective · /əˈmeɪzd/	ngạc nhiên	Feeling very surprised and impressed by something wonderful or unexpected.	She was amazed by the beauty of the mountain view.
interested adjective · /ˈɪntɹəstɪd/	quan tâm	Wanting to learn more about or be involved with something.	I am interested in learning how to play guitar.

Cảm xúc tích cực

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
amused adjective · /əˈmjuzd/	thấy vui, buồn cười	Feeling or showing that you find something funny or entertaining.	She felt very amused by his funny little dance moves.
impressed adjective · /ɪmˈprest/	ấn tượng	Feeling admiration for someone or something due to their good qualities.	I was deeply impressed by her incredible piano playing skills.
inspired adjective · /ɪnˈspaɪərd/	được truyền cảm hứng	Filled with the urge or ability to do something creative.	She felt truly inspired by the beautiful sunset yesterday.
motivated adjective · /ˈmoʊtɪveɪtɪd/	có động lực	Feeling enthusiasm or determination to do something or achieve a goal.	She felt very motivated to finish the hard project.
eager adjective · /ˈigəɹ/	háo hức	Having or showing a strong desire or interest in something.	She was eager to start her new job.
curious adjective · /ˈkjʊɹiəs/	tò mò, hiếu kỳ	Eager to know or learn new things.	She was curious to know what he was doing.
peaceful adjective · /ˈpiːs.fəl/	bình yên	Free from disturbance and quiet in a calm and tranquil manner.	The garden was a very peaceful place to sit today.
joyful adjective · /ˈdʒɔɪfəl/	vui mừng	Feeling or showing great happiness and pleasure.	The children made a joyful noise during the school party.
loved adjective · /lʌvd/	được yêu thương	Feeling that other people care about you and love you.	She felt very loved by her supportive family every day.

Cảm xúc tiêu cực

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
sad adjective · /sæd/	buồn	Feeling or showing sorrow, unhappiness, or a sense of regret.	She felt sad after the movie ended.
angry adjective · /ˈæŋ.gri/	giận dữ	Feeling or showing strong annoyance, displeasure, or hostility toward someone.	The angry man shouted loudly at the rude store clerk.
scared adjective · /ˈskɛɹd/	sợ hãi	Feeling very frightened or afraid; experiencing fear.	The young boy felt scared of the dark at night.
afraid adjective · /əˈfɹeɪd/	sợ hãi	Feeling fear or anxiety; scared of something or someone.	She is afraid of spiders crawling on the dark floor.
worried adjective · /ˈwɜːrid/	lo lắng	Feeling anxious or troubled about actual or potential problems or events.	She felt very worried about the upcoming final exam results.
nervous adjective · /ˈnɜ˞vəs/	lo lắng	Feeling anxious or worried about something, often with physical symptoms.	She felt very nervous before her big job interview today.
upset adjective · /ʌpˈsɛt/	buồn bã	Unhappy, disappointed, or worried about a particular situation or event.	She was very upset about losing her favorite gold ring.
unhappy adjective · /ənˈhæpi/	không vui, buồn bã	Feeling or showing sadness; not pleased or content.	She felt very unhappy about her poor exam results today.
bored adjective · /ˈbɔɹd/	chán nản	Feeling tired and uninterested because something is not exciting or new.	I felt very bored during the long and slow meeting.

Cảm xúc tiêu cực

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
lonely adjective · /ˈloʊnli/	cô đơn	Feeling sad because one has no friends or company around.	He felt very lonely in the big empty house today.
jealous adjective · /ˈdʒɛləs/	ghen tị	Feeling unhappy because someone has something that you want yourself.	She felt jealous of her sister's new car.
frustrated adjective · /ˈfɹʌstɹeɪtəd/	bực bội	Feeling annoyed or impatient because you cannot achieve what you want.	She felt frustrated by the slow progress of work.
annoyed adjective · /əˈnɔɪd/	bực mình	Feeling slightly angry, irritated, or impatient about a specific situation.	She felt annoyed because the meeting lasted too long today.
disappointed adjective · /ˌdɪs.əˈpɔɪn.tɪd/	thất vọng	Unhappy because someone or something failed to meet your expectations.	She was deeply disappointed with her final exam results today.
embarrassed adjective · /ɪmˈbærəst/	bối rối, ngượng ngùng, xấu hổ	Feeling ashamed, uncomfortable, or self-conscious in front of other people.	She felt embarrassed when she tripped on stage.
ashamed adjective · /əˈʃeɪmd/	xấu hổ	Feeling embarrassed or guilty because of something you have done.	He felt ashamed for lying to his best friend yesterday.
guilty adjective · /ˈgɪlti/	có lỗi, áy náy	Feeling responsible for doing something wrong or for a mistake.	He felt guilty about forgetting his friend's important birthday party.
confused adjective · /kənˈfjuːzd/	bối rối	Unable to think clearly or understand what is happening right now.	He felt confused after hearing the complicated new office rules.
stressed adjective · /ˈstɹɛst/	căng thẳng	Feeling worried and under pressure, often because you have too much to do.	She felt very stressed after a long day at work.
anxious adjective · /ˈæŋkʃəs/	lo lắng	Feeling worried, nervous, or uneasy about something uncertain.	She felt very anxious about her upcoming final math exam.
homesick adjective · /ˈhoʊmsɪk/	nhớ nhà	Sad and depressed because you are away from your home.	He felt very homesick during his first year at university.
shocked adjective · /ˈʃɑkt/	bị sốc, bàng hoàng	Very surprised and upset because something bad or unexpected has happened.	She was shocked to hear the bad news this morning.
uncomfortable adjective · /ənˈkʌmfɚ-təbəl/	không thoải mái, khó xử	Feeling awkward or nervous in a situation.	I felt uncomfortable when everyone at the party stared at me.
offended adjective · /əˈfendɪd/	bị xúc phạm	Feeling hurt, upset, or angry because of something said or done.	She felt very offended by his rude and mean comments.
disgusted adjective · /dɪsˈgʌstɪd/	ghê tởm	Feeling intense dislike or strong disapproval toward something or someone unpleasant.	I was disgusted by the mess in the kitchen.
envious adjective · /ˈɛnviəs/	ghen tị	Feeling or showing a desire to have what someone else has.	I felt envious of her beautiful new silk designer dress.
irritated adjective · /ˈɪɹəteɪtəd/	bị làm phiền, cáu kỉnh	Feeling annoyed, impatient, or slightly angry about something.	She felt irritated by his constant tapping on the desk.

Cảm xúc tiêu cực

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
helpless adjective · /ˈhelp.ləs/	bất lực	Unable to defend oneself or act without help from other people.	I felt helpless when my little sister was sick and crying.
hopeless adjective · /ˈhoʊpləs/	vô vọng	Feeling or showing no expectation that something will turn out well.	They felt that the entire situation was completely hopeless today.
overwhelmed adjective · /ˌoʊvərˈwɛlmd/	choáng ngợp	Feeling buried or crushed by too many tasks or strong emotions.	She felt overwhelmed by all of her new responsibilities.

Mức độ và sắc thái

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
delighted adjective · /dɪˈlaɪtəd/	vui mừng	Feeling or showing great pleasure and happiness about something.	She was absolutely delighted with her new beautiful house.
thrilled adjective · /θrɪld/	vô cùng phấn khích	Feeling extremely happy, excited, and pleased about a specific event.	She was thrilled to hear the good news about him.
overjoyed adjective · /ˌəʊvəˈdʒɔɪd/	vui sướng tột độ	Extremely happy or pleased about something that has happened.	She was overjoyed to hear the good news today.
ecstatic adjective · /ɛkˈstætɪk/	vô cùng hạnh phúc	Feeling overwhelming happiness or joyful excitement, often to an extreme degree.	She was ecstatic when she heard the good news today.
furious adjective · /ˈfjʊə.ri.əs/	giận dữ, tức điên	Extremely angry about something.	She was absolutely furious after missing her important morning train.
miserable adjective · /ˈmɪzərəbl/	khổ sở	Feeling very unhappy and sad.	She felt miserable after hearing the very sad news today.
terrified adjective · /ˈterɪfaɪd/	khiếp sợ	Feeling or showing extreme fear or being very frightened of something.	She was absolutely terrified of the giant black spider.
heartbroken adjective · /ˈhɑːrtˌbroʊkən/	đau khổ	Extremely sad and upset, especially because of a lost relationship.	She was heartbroken after their relationship ended so suddenly today.
devastated adjective · /ˈdevəsteɪtɪd/	suy sụp	Extremely sad, shocked, or upset because of a bad event.	She was devastated by the news of his death.
horrified adjective · /ˈhɔɹəfaɪd/	kinh hãi	Feeling extremely shocked, scared, or disgusted by something terrible.	She was horrified by the sight of the destroyed building.
astonished adjective · /əˈstɒnɪʃt/	kinh ngạc, sửng sốt	Feeling or showing great surprise and wonder at something unexpected.	She was astonished by the unexpected birthday gift.
stunned adjective · /stʌnd/	choáng váng	Feeling shocked, confused, or unable to react due to surprise.	She was stunned by the news of his sudden departure.
concerned adjective · /kənˈsɜːrnd/	lo lắng	Feeling worried, troubled, or anxious about a particular situation or matter.	She was concerned about the results of her medical exam.
uneasy adjective · /ʌnˈiːzi/	bồn chồn	Feeling anxious, worried, or uncomfortable about a particular situation.	She felt uneasy about walking home alone late at night.
puzzled adjective · /ˈpʌzəld/	bối rối	Feeling confused because you do not understand something clearly.	She looked at the strange map with a puzzled expression.

Danh từ chỉ cảm xúc

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
feeling noun · /ˈfiliŋ/	cảm giác	An emotion or a physical sensation in your body.	She had a strong feeling that he was lying today.
emotion noun · /ɪˈmoʊʃən/	cảm xúc	A strong feeling such as love, anger, fear, or joy.	She could not hide her strong emotion during the speech.
mood noun · /ˈmud/	tâm trạng	The way you are feeling at a particular time; your emotional state.	She was in a very bad mood all day long.
excitement noun · /ɪkˈsaɪtmənt/	sự phấn khích	A feeling of great enthusiasm and eagerness about something happening soon.	The children were full of excitement about the school trip.
anxiety noun · /æŋˈzaɪ.ə.ti/	sự lo âu	A feeling of worry, nervousness, or unease about something uncertain.	She felt a great deal of anxiety before the test.
confidence noun · /ˈkɒn.fɪ.dəns/	sự tự tin	The belief that you can do things well.	She has great confidence in her ability to win today.
embarrassment noun · /ɪmˈbɛɹəsmənt/	sự xấu hổ	A feeling of shame or discomfort, often in a public situation.	She felt great embarrassment when she tripped on stage.
pride noun · /praɪd/	niềm tự hào	A feeling of deep satisfaction from one's own achievements or qualities.	He felt a great sense of pride in his work.
jealousy noun · /ˈdʒɛləsi/	sự ghen tuông	An unhappy feeling caused by wanting what someone else has or fearing loss.	His jealousy caused many problems in their long marriage.
loneliness noun · /ˈloʊnlinəs/	sự cô đơn	The unhappy feeling caused by being alone or lacking social connection.	She often suffers from deep loneliness in this big city.
guilt noun · /gɪlt/	tội lỗi	A feeling of sadness or regret after doing something wrong.	She felt great guilt for forgetting her best friend's birthday.
relief noun · /ɹɪˈlif/	sự nhẹ nhõm	A feeling of comfort or reassurance when something difficult has ended.	It was a huge relief to pass the difficult exam.
disappointment noun · /dɪsəˈpɔɪntmənt/	sự thất vọng	Sadness or frustration caused by the failure of hopes or expectations.	He hid his disappointment after hearing the bad news.
frustration noun · /fɹəˈstɹeɪʃən/	sự thất vọng, sự bực bội	The feeling of annoyance caused by being unable to do something.	Her lack of progress led to great frustration.
gratitude noun · /ˈgrætɪtjuːd/	lòng biết ơn	The quality of being thankful and ready to show appreciation.	She expressed her gratitude with a warm smile.

Cụm từ thông dụng

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
calm down phrasal verb · /kɑːm daʊn/	bình tĩnh lại	To become less excited, angry, or upset after feeling strong emotions.	You need to calm down before we discuss this issue.
cheer up phrasal verb · /tʃɪər ʌp/	vui lên, làm cho vui vẻ	To become happier or to make someone else feel more cheerful.	She bought him flowers to cheer him up today.
in a good mood idiom · /ɪn ə gʊd muːd/	đang vui vẻ	Feeling happy, positive, and cheerful in a specific moment in time.	She is in a good mood after the great news.
in a bad mood idiom · /ɪn ə bæd muːd/	tâm trạng không tốt	Feeling angry, unhappy, or annoyed during a specific period of time.	He is in a bad mood after losing the game.

Cụm từ thông dụng

TỪ	NGHĨA	ĐỊNH NGHĨA TIẾNG ANH	VÍ DỤ
feel down phrasal verb · /fiːl daʊn/	cảm thấy buồn, chán nản	To experience feelings of sadness, depression, or lack of energy.	She has been feeling down since she lost her job.
fed up adjective · /ˌfed ˈʌp/	chán ngấy	Annoyed or bored because something has continued for too long.	I am fed up with waiting for the late bus.
freak out phrasal verb · /friːk aʊt/	hoảng sợ, nổi điên	To become extremely emotional, anxious, or frightened suddenly.	I will freak out if I see a big spider.
stressed out phrase · /strest aʊt/	căng thẳng, lo âu	Feeling very worried or anxious due to pressure or too much work.	She feels stressed out because of her heavy work load.
chill out phrasal verb · /tʃɪl aʊt/	thư giãn	To relax completely and stop feeling angry or very nervous.	You need to chill out and enjoy the long weekend.
lose your temper idiom · /luːz jɔːr ˈtɛmpər/	nổi giận	To suddenly become very angry and lose control of your emotions.	Please try not to lose your temper during the meeting.
burst into tears phrase · /bɜːrst ˈɪntuː tɪərz/	òa khóc	To start crying suddenly and with a lot of emotion.	She suddenly burst into tears during the sad movie scene.
over the moon idiom · /ˈəʊvə ðə muːn/	rất vui sướng	To be extremely pleased and happy about something that happened.	She was over the moon about her new job offer.
on edge idiom · /ɒn ɛdʒ/	bồn chồn, lo lắng	Feeling tense, nervous, or easily irritated by something or someone.	He has been on edge all day waiting for news.
mixed feelings idiom · /mɪkst ˈfiːlɪŋz/	cảm xúc lẫn lộn	Having both positive and negative opinions about a specific situation simultaneously.	She had mixed feelings about leaving her old hometown today.
pull yourself together idiom · /pʊl jɔːrˈsɛlf təˈgɛðər/	lấy lại bình tĩnh	To regain control of your emotions and behave in a calm way.	You need to pull yourself together for the big meeting.