VocabNote

Еда и кулинария: 70 английских слов

Уровень A1 · 70 слов

Ингредиенты, блюда, вкусы и кулинарные глаголы для повседневных приемов пищи.

Продукты и ингредиенты

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
oil noun · /ɔɪl/	масло	A thick liquid from plants or animals, used for cooking food.	You should add some oil to the hot frying pan.
flour noun · /ˈflaʊər/	мука	A fine white or brown powder made by crushing cereal grains.	She needs two cups of flour for this simple cake.
garlic noun · /ˈgɑːrlɪk/	чеснок	A strong-smelling bulb used as a seasoning in many different dishes.	I added some fresh garlic to the pasta sauce today.
carrot noun · /ˈkærət/	морковь	A long, orange root vegetable often eaten raw or cooked.	I like to eat a fresh raw carrot for lunch.
beef noun · /ˈbif/	говядина	The red meat that comes from a cow, used as food.	We bought fresh beef to cook for our family dinner.
pork noun · /ˈpɔɹk/	свинина	The meat from a pig, prepared and eaten as food.	They served delicious roasted pork at the local village dinner.
noodles noun · /ˈnudəlz/	лапша	Long, thin strips of pasta, often eaten in Asian dishes.	I like to eat hot chicken noodle soup for lunch.
pasta noun · /ˈpɑːstə/	макароны	A food made from flour and water, often shaped into noodles.	We cooked some delicious Italian pasta for dinner last night.
beans noun · /biːnz/	бобы	Edible seeds of various plants, often used as a food source.	She prepared a delicious stew with many fresh green beans.
corn noun · /ˈkɔɹn/	кукуруза	A tall cereal plant that produces edible kernels on large cobs.	The farmer is busy harvesting the corn in the field.
lemon noun · /ˈlɛmən/	лимон	A yellow, oval citrus fruit with sour juice, often used in drinks.	She squeezed a fresh lemon into her cold herbal tea.
grapes noun · /ˈgɹeɪps/	виноград	Small, round fruits that grow in bunches, often used for wine.	I bought a large bunch of fresh grapes this morning.
strawberry noun · /ˈstrɔːbəri/	клубника	A sweet, red, heart-shaped fruit with tiny seeds on its skin.	She ate a fresh strawberry from the small wooden basket.
honey noun · /ˈhʌni/	мед	A sweet sticky yellow substance made by bees from flower nectar.	I like to spread some honey on my morning toast.
yogurt noun · /ˈjoʊgə˞t/	йогурт	A creamy, fermented milk product, often eaten for breakfast or dessert.	She eats a cup of plain yogurt every single morning.
cream noun · /kriːm/	сливки	The thick fatty part of milk that rises to the top.	I like to add some fresh cream to my coffee.
lettuce noun · /ˈletɪs/	салат-латук	A green leafy plant commonly eaten raw in salads and sandwiches.	I need to buy some fresh lettuce for the salad.
cucumber noun · /ˈkjuːkʌmbər/	огурец	A long green vegetable with watery flesh used in salads.	I sliced a fresh cucumber to add to the salad.

Продукты и ингредиенты

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
mushroom noun · /ˈmʌʃ.ruːm/	гриб	A fleshy fungus that typically has a stalk and cap.	She found a large mushroom in the deep green forest.

Блюда

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
sandwich noun · /ˈsændwɪtʃ/	сэндвич	Two slices of bread with a filling between them, like meat or cheese.	I made a delicious ham sandwich for my lunch today.
salad noun · /ˈsæləd/	салат	A mixture of raw vegetables, often with dressing, fruit, or meat.	I prepared a fresh green salad for our light dinner.
pizza noun · /ˈpiːtsə/	пицца	A baked dish with dough, tomato sauce, cheese, and various toppings.	We decided to order a large pizza for the party.
hamburger noun · /ˈhæmbɜːrgər/	гамбургер	A sandwich consisting of a cooked beef patty inside a bun.	I ordered a large juicy hamburger with extra fresh lettuce.
french fries noun · /frɛntʃ fraɪz/	картофель фри	Strips of potato that have been deep-fried until they are golden.	I would like a large order of hot french fries.
ice cream noun · /ˈaɪs ˌkriːm/	мороженое	A cold, sweet dessert made from frozen milk or cream.	We bought some delicious vanilla ice cream at the shop.
cookie noun · /ˈkʊki/	печенье	A small, flat, sweet baked good, often with chocolate chips.	She baked a batch of fresh chocolate chip cookies today.
toast noun · /toʊst/	тост, поджаренный хлеб	Sliced bread browned by exposure to radiant heat in a toaster.	I like to eat crispy toast with some strawberry jam.
pancake noun · /ˈpænkeɪk/	блин	A flat round cake cooked in a pan from thin batter.	She prepared a fresh stack of pancakes for her breakfast.
cereal noun · /ˈsɪəriəl/	хлопья	A breakfast food made from roasted grain, often eaten with milk.	I like to eat crunchy cereal with cold fresh milk.
steak noun · /steɪk/	стейк	A slice of high-quality meat or fish, usually cooked by grilling.	I ordered a medium rare steak for my main course.
sauce noun · /sɔːs/	соус	A liquid served with food to add moisture or flavor.	Please pour the tomato sauce over the cooked pasta dish.

Вкус и текстура

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
delicious adjective · /dɪˈlɪʃəs/	вкусный	Having a very pleasant taste or smell; enjoyable to eat.	The cake was so delicious, I had another slice.
tasty adjective · /ˈteɪsti/	вкусный	Having a pleasant, distinct flavor that is very enjoyable to eat.	She prepared a very tasty dinner for all her guests.
sweet adjective · /ˈswit/	сладкий	Having a pleasant taste characteristic of sugar or honey.	The cake tasted very sweet after adding extra sugar today.
salty adjective · /ˈsɔːlti/	соленый	Tasting of salt or containing a lot of salt.	He got very salty after losing the video game match.
sour adjective · /ˈsaʊə-/	кислый	Having a sharp, acidic taste, like lemons or vinegar.	The milk turned sour after sitting out all night long.

Вкус и текстура

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
bitter adjective · /ˈbɪtə˞/	горький	Having a sharp, unpleasant taste, like coffee without sugar or dark chocolate.	The coffee had a bitter taste.
spicy adjective · /ˈspaɪsi/	острый	Having a strong, hot flavor from spices, often causing a burning sensation.	I really enjoy eating spicy food during cold winter days.
fresh adjective · /frɛʃ/	свежий	Newly made, produced, or harvested; not preserved or old.	I bought some fresh fruit at the local morning market.
juicy adjective · /ˈdʒusi/	сочный	Full of natural liquid; having a lot of juice.	I prefer eating fresh and juicy oranges in the morning.
crunchy adjective · /ˈkɹʌntʃi/	хрустящий	Making a loud, crisp sound when bitten or crushed.	The fresh apple was very sweet and also quite crunchy.

За столом

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
hungry adjective · /ˈhʌŋgri/	голодный	Feeling a strong desire or need for food to eat.	I am feeling quite hungry after my long morning walk.
thirsty adjective · /ˈθɜ˞sti/	испытывающий жажду	Feeling a need or desire to drink water or other liquid.	I was very thirsty after running in the hot sun.
napkin noun · /ˈnæpkɪn/	салфетка	A piece of cloth or paper used to wipe the mouth.	She placed a clean paper napkin on the wooden table.
chopsticks noun · /ˈtʃɑpstɪks/	палочки для еды	A pair of small, thin sticks used as eating utensils in East Asia.	He picked up the noodles easily using his wooden chopsticks.
bite verb · /baɪt/	кусать	To use teeth to cut into or through something solid.	Be careful because that small dog likes to bite people.
chew verb · /ˈtʃu/	жевать	To break food into smaller pieces with your teeth before swallowing.	Always chew your food thoroughly before you try to swallow.
swallow verb · /ˈswɑloʊ/	глотать	To make food or drink go down your throat from your mouth.	You must chew your food well before you swallow it.

Как готовить

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
boil verb · /ˈbɔɪl/	кипятить	To heat a liquid until it reaches a temperature where bubbles form.	Please boil some water for a cup of hot tea.
fry verb · /ˈfɹaɪ/	жарить	To cook food in hot oil or fat, usually in a pan.	I like to fry fresh eggs for my breakfast daily.
bake verb · /ˈbeɪk/	печь	To cook food, such as bread or cake, in an oven.	She decided to bake a cake for his birthday party.
cut up phrasal verb · /ˈkʌt ʌp/	разрезать	To divide something into smaller pieces using a knife or scissors.	Please cut up the carrots for the vegetable soup today.
chop verb · /tʃɒp/	рубить, нарезать	To cut something into small pieces using a sharp tool.	Please chop the vegetables for the soup this afternoon.

Как готовить

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
mix verb · /mɪks/	смешивать	To combine different things together to form one substance or group.	You should mix the flour and sugar in a bowl.
stir verb · /stɜː/	размешивать	To move a spoon around in food or a drink to mix it.	She stirred her tea gently with a spoon.
slice verb · /slaɪs/	нарезать ломтиками	To cut something into thin, flat pieces.	She cut a thin slice of bread for breakfast today.
peel verb · /pil/	чистить	To remove the outer skin or covering of fruit or vegetables.	Please peel the potatoes before you start cooking the stew.
pour verb · /pɔːr/	лить	To cause a liquid to flow steadily from one container.	She decided to pour some cold water into the glass.
grill verb · /ɡɹɪl/	жарить на гриле	To cook food on metal bars over or under strong heat.	The police will grill the suspect about his secret motives.
roast verb · /ɹoʊst/	запекать	To cook meat or vegetables in a hot oven or over a fire.	We will roast a large chicken for our Sunday dinner.
melt verb · /mɛlt/	таять, плавить	To change from a solid to a liquid state, or make something do so.	The warm sun will melt the snow on the roof.
heat up phrasal verb · /hiːt ʌp/	разогревать	To make cold or already cooked food hot again.	I will heat up the soup for our quick lunch.
taste verb · /teɪst/	пробовать	To try a little food or drink to see what it is like.	The soup had a very strong and salty fish taste.

Количество и упаковка

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
piece noun · /piːs/	кусок	A single, separate part or amount of something larger.	She ate a large piece of cake for her dessert.
loaf noun · /loʊf/	буханка	Bread that is shaped and baked in one large piece.	He spent the entire afternoon just loafing around the house.
teaspoon noun · /ˈtiːspuːn/	чайная ложка	A small spoon used for stirring tea or measuring small amounts.	Add one teaspoon of sugar to your cup of tea.
tablespoon noun · /ˈteɪbəlˌspuːn/	столовая ложка	A large spoon used for serving food or measuring ingredients precisely.	Add one tablespoon of olive oil to the hot pan.

Кухонная утварь и рецепты

СЛОВО	ПЕРЕВОД	ОПРЕДЕЛЕНИЕ НА АНГЛИЙСКОМ	ПРИМЕР
recipe noun · /ˈresɪpi/	рецепт	A set of instructions for preparing a particular dish or meal.	She followed the secret recipe to bake the delicious cake.
cutting board noun · /ˈkʌtɪŋ bɔːrd/	разделочная доска	A durable board used for placing food while it is chopped.	Place the fresh vegetables on the large wooden cutting board.
frying pan noun · /ˈfraɪ.ɪŋ ˌpæn/	сковорода	A flat metal container used for cooking food in hot fat.	Place the butter into the hot frying pan now.