VocabNote

भावनाएँ: अंग्रेज़ी के 100 शब्द

लेवल A2 · 100 शब्द

आप और दूसरे लोग हर दिन कैसा महसूस करते हैं, उसे नाम देने और बताने वाले शब्द।

सकारात्मक भावनाएँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
happy adjective · /ˈhæpi/	ख़ुश	Feeling or showing pleasure, contentment, or joy.	She felt very happy after receiving good news.
glad adjective · /ˈglæd/	प्रसन्न	Feeling happy or pleased about something good that has occurred.	I am glad that you could come to the party tonight.
excited adjective · /ɪkˈsaɪtɪd/	उत्साहित	Feeling very happy and enthusiastic about something that is happening.	She was very excited about her upcoming trip to Japan.
pleased adjective · /pliːzd/	प्रसन्न	Feeling happy or satisfied with a particular situation or event.	I was very pleased with the results of the test.
proud adjective · /ˈpɹaʊd/	गर्वित	Feeling deep pleasure or satisfaction as a result of one's own achievements.	She felt very proud after winning the first prize in the competition.
grateful adjective · /ˈgɹeɪtfəl/	आभारी	Feeling or showing thanks to someone for something they have done.	I am very grateful for your help with my homework.
thankful adjective · /ˈθæŋkfəl/	शुक्रगुज़ार	Feeling or expressing gratitude for something that has happened or exists.	I am thankful for the help you gave me today.
relieved adjective · /ɹɪˈlivd/	राहत महसूस करना	Feeling less worried or upset because a difficult situation has ended.	She felt relieved when her exam results finally arrived in the mail.
relaxed adjective · /ɹɪˈlækst/	तनावमुक्त	Feeling calm and comfortable, free from tension or worry.	After a long day, I felt very relaxed sitting by the fire.
calm adjective · /ˈkɑm/	शांत	Feeling peaceful and not worried, angry, or excited.	She remained calm even when facing a very difficult situation.
satisfied adjective · /ˈsætɪsfaɪd/	संतुष्ट	Feeling pleased because you have what you wanted or needed.	The manager felt satisfied with the team's excellent progress.
hopeful adjective · /ˈhoʊpfəl/	आशावादी	Feeling or showing optimism about future events or outcomes.	She felt hopeful about getting the new job after a good interview.
confident adjective · /ˈkɑnfədənt/	आत्मविश्वासी	Feeling sure of yourself and your abilities, not shy or nervous.	She felt confident about her presentation after practicing many times.
surprised adjective · /səˈpraɪzd/	हैरान	Feeling or showing shock because something unexpected has just happened.	She was very surprised to see her old friend again.
amazed adjective · /əˈmeɪzd/	आश्चर्यचकित	Feeling very surprised and impressed by something wonderful or unexpected.	She was amazed by the beautiful fireworks display in the night sky.
interested adjective · /ˈɪntrəstɪd/	रुचि रखने वाला	Wanting to learn more about or be involved with something.	She is very interested in learning how to play piano.

सकारात्मक भावनाएँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
amused adjective · /əˈmjuzd/	मनोरंजित	Feeling or showing that you find something funny or entertaining.	She was amused by the clown's silly tricks at the circus.
impressed adjective · /ɪmˈprest/	प्रभावित	Feeling admiration for someone or something due to their good qualities.	I was very impressed by her excellent singing last night.
inspired adjective · /ɪnˈspaɪərd/	प्रेरित	Filled with the urge or ability to do something creative.	The artist felt inspired to paint a beautiful landscape today.
motivated adjective · /ˈmoʊtɪveɪtɪd/	जोश से भरा	Feeling enthusiasm or determination to do something or achieve a goal.	She felt highly motivated to finish her difficult work project.
eager adjective · /ˈigə-/	उत्सुक	Having or showing a strong desire or interest in something.	The children were eager to open their Christmas presents.
curious adjective · /ˈkjʊɹiəs/	जिज्ञासु	Eager to know or learn new things.	The curious child asked many questions about how the world works.
peaceful adjective · /ˈpiːs.fəl/	शांतिपूर्ण	Free from disturbance and quiet in a calm and tranquil manner.	The lake was very peaceful during the early morning hours.
joyful adjective · /ˈdʒɔɪfəl/	आनंदमय	Feeling or showing great happiness and pleasure.	The children were joyful when they saw all the presents.
loved adjective · /lʌvd/	प्रिय, चहेता	Feeling that other people care about you and love you.	She felt very loved by her supportive family every day.

नकारात्मक भावनाएँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
sad adjective · /sæd/	उदास	Feeling or showing sorrow, unhappiness, or a sense of regret.	She felt very sad after hearing the bad news today.
angry adjective · /ˈæŋ.gri/	नाराज़, गुस्से में	Feeling or showing strong annoyance, displeasure, or hostility toward someone.	The teacher felt very angry about the student's rude behavior.
scared adjective · /ˈskɛɹd/	डरा हुआ	Feeling very frightened or afraid; experiencing fear.	The little child was scared of the dark room.
afraid adjective · /əˈfɹeɪd/	डरा हुआ	Feeling fear or anxiety; scared of something or someone.	She was afraid of the dark and always slept with a nightlight.
worried adjective · /ˈwɜːrid/	चिंतित	Feeling anxious or troubled about actual or potential problems or events.	She felt worried about the results of her medical test.
nervous adjective · /ˈnɜ-vəs/	घबराया हुआ	Feeling anxious or worried about something, often with physical symptoms.	She felt very nervous before her first job interview.
upset adjective · /ʌpˈsɛt/	परेशान	Unhappy, disappointed, or worried about a particular situation or event.	She felt very upset after hearing the bad news today.
unhappy adjective · /ənˈhæpi/	नाख़ुश	Feeling or showing sadness; not pleased or content.	She felt unhappy after hearing the bad news from her friend.
bored adjective · /ˈbɔɹd/	ऊबा हुआ	Feeling tired and uninterested because something is not exciting or new.	The children were bored with the long car ride.

नकारात्मक भावनाएँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
lonely adjective · /ˈloʊnli/	अकेला	Feeling sad because one has no friends or company around.	She felt very lonely living in that big empty house.
jealous adjective · /ˈdʒɛləs/	ईर्ष्यालु, जलने वाला	Feeling unhappy because someone has something that you want yourself.	He felt very jealous when she started dating his friend.
frustrated adjective · /ˈfɹʌstɹeɪtəd/	झुँझलाया हुआ	Feeling annoyed or impatient because you cannot achieve what you want.	She felt frustrated when she couldn't solve the difficult puzzle.
annoyed adjective · /əˈnɔɪd/	खीझा हुआ	Feeling slightly angry, irritated, or impatient about a specific situation.	She felt annoyed because the meeting took too long.
disappointed adjective · /ˌdɪs.əˈpɔɪn.tɪd/	निराश	Unhappy because someone or something failed to meet your expectations.	She was disappointed by the poor results of her test.
embarrassed adjective · /ɪmˈbærəst/	शर्मिंदा	Feeling ashamed, uncomfortable, or self-conscious in front of other people.	She felt embarrassed when she dropped her tray of food.
ashamed adjective · /əˈʃeɪmd/	शर्मिंदा	Feeling embarrassed or guilty because of something you have done.	She felt ashamed after realizing her mistake and apologized immediately.
guilty adjective · /ˈgɪlti/	दोषी	Feeling responsible for doing something wrong or for a mistake.	He felt guilty after forgetting his friend's birthday party.
confused adjective · /kənˈfjuːzd/	भ्रमित	Unable to think clearly or understand what is happening right now.	I was very confused by the teacher's strange new rules.
stressed adjective · /ˈstɹɛst/	तनावग्रस्त	Feeling worried and under pressure, often because you have too much to do.	She felt very stressed before her big exam and could not relax.
anxious adjective · /ˈæŋkʃəs/	चिंतित	Feeling worried, nervous, or uneasy about something uncertain.	She felt anxious about her job interview the next morning.
homesick adjective · /ˈhoʊmsɪk/	घर की याद में उदास	Sad and depressed because you are away from your home.	He felt very homesick during his first year at university.
shocked adjective · /ˈʃɑkt/	स्तब्ध	Very surprised and upset because something bad or unexpected has happened.	She was shocked to hear the news of her friend's sudden departure.
uncomfortable adjective · /ənˈkʌmfɚ-təbəl/	असहज	Feeling awkward or nervous in a situation.	I felt uncomfortable when everyone at the party stared at me.
offended adjective · /əˈfendɪd/	आहत	Feeling hurt, upset, or angry because of something said or done.	She felt deeply offended by his very rude comments today.
disgusted adjective · /dɪsˈgʌstɪd/	घृणा से भरा	Feeling intense dislike or strong disapproval toward something or someone unpleasant.	She felt disgusted by the mess in the old kitchen.
envious adjective · /ˈɛnviəs/	ईर्ष्यालु	Feeling or showing a desire to have what someone else has.	She felt envious of her friend's new car.
irritated adjective · /ˈɪɹəteɪtəd/	चिढ़ा हुआ	Feeling annoyed, impatient, or slightly angry about something.	He felt irritated by the constant noise from the construction site.

नकारात्मक भावनाएँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
helpless adjective · /ˈhelp.ləs/	लाचार	Unable to defend oneself or act without help from other people.	I felt helpless when my little sister was sick and crying.
hopeless adjective · /ˈhoʊpləs/	नाउम्मीद	Feeling or showing no expectation that something will turn out well.	He felt completely hopeless about passing the difficult final exam.
overwhelmed adjective · /ˌoʊvərˈwɛlmd/	बोझ तले दबा हुआ	Feeling buried or crushed by too many tasks or strong emotions.	She felt overwhelmed by all the work at the office.

तीव्रता और बारीकियाँ

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
delighted adjective · /dɪˈlaɪtəd/	बहुत प्रसन्न	Feeling or showing great pleasure and happiness about something.	She was absolutely delighted with the surprise birthday party her friends threw.
thrilled adjective · /θrɪld/	रोमांचित	Feeling extremely happy, excited, and pleased about a specific event.	She was absolutely thrilled with her new job offer today.
overjoyed adjective · /ˌəʊvəˈdʒɔɪd/	बेहद ख़ुश	Extremely happy or pleased about something that has happened.	She was overjoyed to hear the good news today.
ecstatic adjective · /ɛkˈstætɪk/	अत्यधिक प्रसन्न	Feeling overwhelming happiness or joyful excitement, often to an extreme degree.	She was ecstatic when she heard the news of her promotion.
furious adjective · /ˈfjʊə.ri.əs/	आगबबूला	Extremely angry about something.	She was absolutely furious after missing her important morning train.
miserable adjective · /ˈmɪzərəbl/	बहुत दुखी	Feeling very unhappy and sad.	She felt miserable after hearing the very sad news today.
terrified adjective · /ˈterɪfaɪd/	बुरी तरह डरा हुआ	Feeling or showing extreme fear or being very frightened of something.	The young child was terrified by the loud thunderstorm outside.
heartbroken adjective · /ˈhɑːrtˌbroʊkən/	दिल टूटा हुआ	Extremely sad and upset, especially because of a lost relationship.	She felt heartbroken after ending her long term relationship today.
devastated adjective · /ˈdevəsteɪtɪd/	बुरी तरह टूटा हुआ	Extremely sad, shocked, or upset because of a bad event.	She was devastated when she heard the very sad news.
horrified adjective · /ˈhɔɹəfaɪd/	भयभीत	Feeling extremely shocked, scared, or disgusted by something terrible.	She was horrified by the news of the accident on the highway.
astonished adjective · /əˈstɒnɪʃt/	चकित	Feeling or showing great surprise and wonder at something unexpected.	She was astonished by the incredible news this morning.
stunned adjective · /stʌnd/	हक्का-बक्का	Feeling shocked, confused, or unable to react due to surprise.	She was stunned by the sudden news of her promotion.
concerned adjective · /kənˈsɜːrnd/	फ़िक्रमंद	Feeling worried, troubled, or anxious about a particular situation or matter.	She was concerned about the results of her medical test.
uneasy adjective · /ʌnˈiːzi/	बेचैन	Feeling anxious, worried, or uncomfortable about a particular situation.	She felt uneasy about walking home alone at night.
puzzled adjective · /ˈpʌzəld/	उलझन में	Feeling confused because you do not understand something clearly.	She looked puzzled by the difficult question on the math test.

भावनाओं के नाम

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
feeling noun · /ˈfiːlɪŋ/	भावना	An emotion or a physical sensation in your body.	She had a strange feeling that something important was about to happen.
emotion noun · /ɪˈmoʊʃən/	भावना	A strong feeling such as love, anger, fear, or joy.	She tried to hide her emotion, but her eyes showed her sadness.
mood noun · /ˈmuːd/	मूड, मनोदशा	The way you are feeling at a particular time; your emotional state.	Her mood changed quickly from happy to sad after hearing the news.
excitement noun · /ɪkˈsaɪtmənt/	उत्साह	A feeling of great enthusiasm and eagerness about something happening soon.	The children could not hide their excitement for the party.
anxiety noun · /æŋˈzaɪ.ə.ti/	बेचैनी, चिंता	A feeling of worry, nervousness, or unease about something uncertain.	She felt great anxiety before her big job interview today.
confidence noun · /ˈkɒn.fɪ.dəns/	आत्मविश्वास	The belief that you can do things well.	She has great confidence in her ability to win today.
embarrassment noun · /ɪmˈbɛɹəsmənt/	शर्मिंदगी	A feeling of shame or discomfort, often in a public situation.	She felt a deep embarrassment after tripping in front of everyone.
pride noun · /praɪd/	गर्व	A feeling of deep satisfaction from one's own achievements or qualities.	She felt a great sense of pride in her work.
jealousy noun · /ˈdʒɛləsi/	ईर्ष्या	An unhappy feeling caused by wanting what someone else has or fearing loss.	Her jealousy grew when her friend received a promotion at work.
loneliness noun · /ˈloʊnlinəs/	अकेलापन	The unhappy feeling caused by being alone or lacking social connection.	She felt a deep sense of loneliness in the city.
guilt noun · /gɪlt/	अपराधबोध	A feeling of sadness or regret after doing something wrong.	She felt deep guilt for breaking her friend's favorite vase.
relief noun · /ɹɪˈlif/	राहत	A feeling of comfort or reassurance when something difficult has ended.	It was a great relief when the exam was finally over.
disappointment noun · /dɪsəˈpɔɪntmənt/	निराशा	Sadness or frustration caused by the failure of hopes or expectations.	There was great disappointment when the team lost the championship game.
frustration noun · /fɹəˈstɹeɪʃən/	झुँझलाहट	The feeling of annoyance caused by being unable to do something.	He felt great frustration when he couldn't solve the difficult puzzle.
gratitude noun · /ˈgɹætɪtjuːd/	कृतज्ञता	The quality of being thankful and ready to show appreciation.	She expressed her sincere gratitude for all their hard work.

मुहावरे और वाक्यांश

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
calm down phrasal verb · /kɑːm daʊn/	शांत होना	To become less excited, angry, or upset after feeling strong emotions.	You need to calm down before we discuss the problem.
cheer up phrasal verb · /tʃɪər ʌp/	ख़ुश हो जाना	To become happier or to make someone else feel more cheerful.	You should cheer up because tomorrow is a new day.
in a good mood idiom · /ɪn ə ɡʊd muːd/	अच्छे मूड में	Feeling happy, positive, and cheerful in a specific moment in time.	She is in a good mood after the great news.
in a bad mood idiom · /ɪn ə bæd muːd/	ख़राब मूड में	Feeling angry, unhappy, or annoyed during a specific period of time.	She is in a bad mood because of the rain.

मुहावरे और वाक्यांश

शब्द	अर्थ	अंग्रेज़ी परिभाषा	उदाहरण
feel down phrasal verb · /fiːl daʊn/	उदास महसूस करना	To experience feelings of sadness, depression, or lack of energy.	She tends to feel down during the cold winter months.
fed up adjective · /ˌfed ˈʌp/	तंग आ चुका	Annoyed or bored because something has continued for too long.	I am fed up with all of this rainy weather.
freak out phrasal verb · /friːk aʊt/	घबरा जाना	To become extremely emotional, anxious, or frightened suddenly.	I will freak out if we miss the last train.
stressed out phrase · /strest aʊt/	बहुत तनाव में	Feeling very worried or anxious due to pressure or too much work.	She felt very stressed out before her final math exam.
chill out phrasal verb · /tʃɪl aʊt/	आराम से रहना	To relax completely and stop feeling angry or very nervous.	You need to chill out and forget your stressful work.
lose your temper idiom · /luːz jɔːr ˈtɛmpər/	आपा खोना	To suddenly become very angry and lose control of your emotions.	Please try not to lose your temper at the meeting.
burst into tears phrase · /bɜːrst ˈɪntuː tɪərz/	फूट-फूटकर रोना	To start crying suddenly and with a lot of emotion.	She suddenly burst into tears after hearing the sad news.
over the moon idiom · /ˈəʊvə ðə muːn/	फूला न समाना	To be extremely pleased and happy about something that happened.	She was over the moon about her new job offer.
on edge idiom · /ɒn ɛdʒ/	घबराहट में	Feeling tense, nervous, or easily irritated by something or someone.	She was on edge before her big job interview today.
mixed feelings idiom · /mɪkst ˈfiːlɪŋz/	मिली-जुली भावनाएँ	Having both positive and negative opinions about a specific situation simultaneously.	I have mixed feelings about moving to a new city.
pull yourself together idiom · /pʊl jɔːrˈsɛlf təˈgɛðər/	ख़ुद को सँभालना	To regain control of your emotions and behave in a calm way.	You must pull yourself together before the big meeting starts.